# LIVING LAB, TECHNOLOGICAL SIMULATION

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# **ABSTRACT**

Living Lab is a modern approach to urban management that relies on users to identify needs and deploy the latest technologies to provide solutions. This paper aims to identify the weakest points and challenges in this subject and develop a place where the combination of methodology and practical solution would meet the expectation and create a new way of sustainable living.

Answering this problem from a methodology perspective, I analyse five living lab environmental components: ICT & Infrastructure, Management, Partners and Users, Research, and approach. Each represents an independent area, but if they cooperate, they create innovation. Cross-functional collaboration allows the development of new ideas that would otherwise not be possible. This collaboration can lead to more efficient and effective processes that benefit cities. The practical aspect of the research involves comparing people's fears across the globe over the last ten years. I have found that repeatability is common. It represents the most important concerns of human users over their lives and provides valuable insight into what people fear and how these fears have remained consistent over time.

Any changes made to cities should be understandable, visible, and usable. People are the ones who are creating societies, so they are responsible for creating a unique town which has different needs. Furthermore, the most critical aspect of improvement is the development, testing, and implementation of improvements. Ultimately, this will result in a liveable, functional, and sustainable city.

My research aims to propose a living lab building that combines science, administration, business, and civil society. This diversity of functions will encourage the development of innovation and education. My concept involves researching public reactions and opinions and monitoring them over time.

KEYWORDS \_ Living Lab, Urban Design, Cities

## INTRODUCTION

As the world continues its rapid urbanization, cities confront complex challenges that necessitate innovative urban management and development approaches. The intricate interplay of technology, societal values, and urban planning profoundly impact shaping urban landscapes, both in visible and concealed ways. Urban centres stand at the crossroads of unforeseen challenges, demanding adaptable strategies to navigate these complexities. Within this context, the concept of Living Labs emerges as a powerful solution, providing a unique approach to tackling the multifaceted issues that cities face in the 21st century.

Living Labs offers a fresh perspective on urban management, harnessing the collective intelligence of citizens and the latest technologies to identify needs and implement solutions. In a world where cities serve as hubs of innovation, Living Labs stand as crucibles of creativity, where stakeholders from diverse domains collaborate to address urban challenges in real-world settings. By combining the dynamism of community engagement, the precision of data-driven insights, and the agility of experimentation, Living Labs provide a framework that reimagines urban development as a continuous co-creation process.

## COMPONENTS INNOVATION

For a living lab project to be successful, it must have five key components: ICT and infrastructure, Management, Partners and Users, Research, and Approach. Each component plays a unique role in guaranteeing the effective execution of the project.

ICT and infrastructure are vital to living lab success. It provides technical support, including hardware, software, and network connectivity. The infrastructure must be scalable and adaptable to changing needs.

Effective project management involves coordinating resources, prompt task execution, and effective communication with stakeholders. Project schedules and budgets must also be developed and maintained, and any risks identified and mitigated.

The Partners and Users component focuses on stakeholder engagement, identifying key stakeholders, fulfilling their needs, and incorporating user feedback into the project's design and implementation.

The responsibilities of the Research component encompass the development of research methodologies, data collection and analysis, and ensuring the validity and reliability of the project's findings. It is essential to develop appropriate ethical frameworks and comply with relevant regulations.

Finally, the Approach component sets the tone for the project. It ensures alignment with its objectives, including developing a clear project vision and mission, identifying critical success factors and metrics, and establishing a culture of innovation, collaboration, and continuous improvement.

Managing these five components throughout the project's lifecycle is crucial to guarantee success.

## **FEAR'S IMPACT**

Human fear has historically played a pivotal role in shaping our societal landscape, propelling advancements in tools and technologies to safeguard us from potential harm. As historian and author Joanna Bourke astutely notes, fear has been an inexorable driving force that has moulded individual behaviour and collective reactions. In this context, the impact of fear on urban design becomes evident as strategic architectural choices have emerged from a desire to avert panic during crises and ensure public safety.

For instance, open bridge designs offer a solution to alleviate feelings of entrapment and cater to individuals who experience fear in confined spaces. A case in point is the Paris Veil Bicycle

Share System, introduced in 2007, which harnessed intentional design to address concerns about confinement. By incorporating colourful and open-framed bicycles, the system enhanced visibility and reduced traffic congestion and accidents. This example underscores the profound impact of design choices on promoting safety and addressing fear-driven considerations within urban design.

This approach showcases the potential of design to create environments that resonate with citizens' needs and emotions, reinforcing the interconnectedness of urban planning and the human experience. By recognizing fear's historical and contemporary influence on urban landscapes, we can better understand how design decisions can foster safety, security, and a sense of well-being within our cities.

## **PUBLIC TRUST**

Highlighting the profound significance of public trust, the 2021 OECD Report on Public Communication (Figure 1) sheds light on a stark revelation—merely 41.1% of respondents, on average, express trust in their national governments' decision-making. This data closely aligns with citizens' best interests and underlines the importance of understanding public trust dynamics. This data highlights the prevailing scepticism surrounding governments' capabilities to enact decisions that yield personal benefits (Edmondson et al., 2018). Within this context, it becomes increasingly imperative to delve deeper into the strategies that have enabled certain countries, such as Finland and Norway, to defy this trend. In these countries, over 60% of their populations exhibit trust in government institutions—an exception that holds valuable insights for the rest of the world.

Finland and Norway prioritize transparency, openness, and citizen engagement as cornerstones of their governance strategies. They communicate policy choices, involve the public in decision-making, and foster collaboration between government authorities and citizens. Open channels for public input, linking policy outcomes to citizen feedback, tracking progress, and valuing input are fundamental aspects of their approach. These nations have cultivated higher public trust in their government institutions by creating an environment of trust and participation.

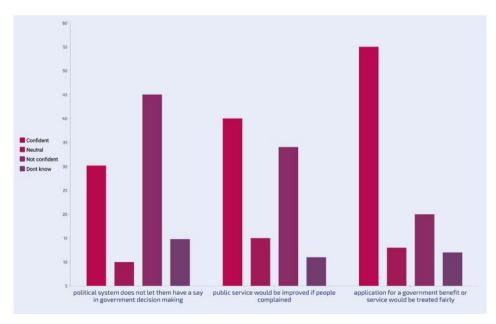


Figure 1: Public trust, the graph was based on OECD Report on Public Communication from 2014 ("OECD", 2021)

This strategic emphasis on transparency and engagement has led to tangible outcomes—people in Finland and Norway have begun to place more trust in their respective governments. The success of these strategies serves as a testament to the power of open communication and collaboration in nurturing a trusting relationship between citizens and their governments. As we contemplate the intricate facets of public trust, we must recognize how societies collectively endeavour to overcome the fears that often shape their perceptions, laying the foundation for a more harmonious and trusting relationship between citizens and their governments

## OVERCOMING FEAR

Examining the trajectory of concerns based on IPOS reports from 2016 to 2023 (refer to Figure 2) reveals a compelling narrative of shifting worries. The research data from "What Worries the World" (IPSOS 2016-2017) underscores a mosaic of factors influencing the evolving concerns landscape over the years. Notably, focal points such as unemployment, corruption, financial and political scandals, poverty, social inequality, crime, violence, and healthcare have been central to public distress. However, delving deeper into the underlying dynamics that have driven these shifts adds nuance to the analysis.

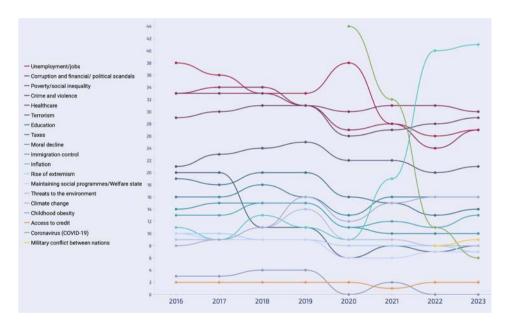


Figure 2: What worries people, the graph was based on IPOS reports from 2016-2023 (IPSOS, 2016-2023)

In 2020 and 2021, the seismic impact of the COVID-19 pandemic reverberated through public sentiment, resulting in fear percentages of 44% and 32%, respectively. These figures are poignant indicators of the profound influence of global health crises on public anxiety levels. As the world grappled with the pandemic, health concerns took precedence. Additionally, fear has extended beyond health-related issues, encompassing broader economic stability and geopolitical events.

Furthermore, the emergence of inflation as a formidable source of apprehension in 2022 (40%) is of significant concern. This unease and an elevated fear of international military conflicts (8%) illuminate the intricate interplay between geopolitical events and economic stability. In 2023, anxiety about inflation rose to 41%, and fear of military conflicts intensified to 9%. Global challenges cause

unease about personal well-being, leading to a desire for proactive engagement. Urban planning can create a safer and more empowering environment through resilient infrastructure, affordable housing, job opportunities, diplomacy, social integration, healthcare, and community support. These approaches can reduce social inequality, crime, and violence in cities. We should explore how to apply these tactics to urban contexts. The broader theme of overcoming fear underscores the importance of addressing societal concerns through effective urban planning and development strategies.

## THE UNIQUE CITY

At the heart of the "unique city" paradigm lies the pivotal recognition that public spaces are the collective creations of residents, affording their voices equal weight alongside those in positions of authority. This perspective departs from conventional bureaucratic frameworks, highlighting citizens' proactive role in shaping their city. It magnifies the potential of modern technological capabilities, amplifying these voices and nurturing an environment where the ideal city materializes as a distinct creation forged through the collective endeavours of its residents. This vision transcends physical infrastructure, delving into security, inclusivity, and a profound sense of societal belonging. By acknowledging that citizens are co-creators of their urban surroundings, this concept inherently empowers them to engage substantively in the decision-making processes.

A striking finding reveals that 60% of Americans strongly identify with a sense of belonging to their nation, yet only 35% share the same sentiment toward their local communities (Argo et al., 2023). Raising this percentage underscores the importance of fostering community cohesion and engagement. This endeavour requires initiatives that promote inclusivity and participation, fostering an open dialogue between governmental bodies and citizens. Effective communication is a foundational pillar, with Mehrabian's research underscoring that non-verbal communication constitutes 55% of our interactions (UT Permian Basin, 2023). Developing diverse verbal, non-verbal, written, and visual communication forms to bridge gaps and connect becomes paramount. Concurrently, the quest for unity mandates equitable access to resources for citizens across societal strata, thus reinforcing a tangible sense of engagement and ownership in their city.

Enabling community cohesion within the 'unique city' framework involves integrating support services, educational opportunities, and comprehensive initiatives. By providing easily accessible support services and resources, cities can ensure that all citizens possess the means to actively contribute to shaping their environment. Education's role is indispensable, as it equips individuals with the knowledge and skills vital for meaningful contributions to urban development. Collaboration, diversity, and constructive discourse are vital to creating a unique city that reflects residents' aspirations, values, and sense of belonging. Empowered citizens play a crucial role in achieving this shared purpose. With these principles in mind, let us explore the developmental stages of a unique city.

## PHASES OF URBAN DEVELOPMENT THROUGH LIVING LABS

# Development

Development entails meticulous planning with active participation from partners, businesses, and users. This phase fosters innovative ideas as stakeholders discern unmet needs and formulate strategies for redress. A feasibility study is crucial in this phase, including citizen engagement to gauge viability, determine optimal approaches, and acknowledge project influence on them. Integration via public meetings, surveys, focus groups, and other means garners invaluable input and feedback. (Holst et al. 2009). For instance, a city embarking on such a journey could involve residents envisioning public spaces and using virtual simulations to elicit their preferences and concerns.

# **Testing**

The next step involves testing the project's feasibility before full implementation. Initial and minor tests ensure the project's viability and alignment with the intended potential. A high level of attentiveness needs to be maintained to ensure precise project execution, with transparent communication keeping citizens informed about feedback and concerns. Citizen participation is essential as it allows the sharing of insights and concerns. These diverse perspectives are crucial in refining projects before implementation, as McCormick (McCormick et al. 2018) suggested. Successful project realization relies on citizen involvement, requiring ongoing consultation and genuine consideration of their opinions. For instance, a city improving its transportation infrastructure might engage citizens in pilot projects for new mobility solutions, using their real-time experiences to enhance the final implementation plan.

# Implementation

With planning completed, the project moves to the implementation phase, where tangible construction takes shape. After completion, evaluating the project's initial objectives is essential. Continual maintenance and refinement sustain project utility, requiring regular stakeholder assessments. Incorporating stakeholder feedback enhances methodologies and achieves optimal outcomes. Monitoring and reporting keep projects aligned with objectives and responsive to necessary changes. For example, ongoing feedback loops with residents can ensure that urban revitalization projects meet evolving needs and aspirations. The result is a city that is both distinct and cohesive.

## **MULTIFUNCTIONAL**

The living lab is central to the unique city, blending science, administration, commerce, and civil society. It encourages collaboration among these sectors through interdisciplinary workshops involving scientists, officials, business leaders, and community representatives to generate innovative ideas. Digital platforms and innovation hubs enable continuous dialogue and knowledge sharing. Public feedback is meticulously collected and tracked, guiding project evaluation and adaptations. This iterative approach fosters societal development. The "Quadruple Helix Report" (Arnkil et al. 2010) emphasizes the public sector's central role in this approach, where four distinct zones interact symbiotically. This multifunctional method propels the unique city's development, driven by collaborative efforts and continuous public input. The living lab concept fuels Innovation, sustainability, and urban prosperity.

## Education

Education embracing sustainability helps understand the interplay between present actions and future consequences. Interactive initiatives, projects, and pedagogical materials amplify children's grasp of the environment, nurturing their agency to drive positive change. This education brand catalyzes critical thinking, problem-solving, and collaborative prowess, enabling active engagement in sustainability efforts and fostering a sense of environmental stewardship.

# Innovation hub

Central to innovation is the innovation hub, serving as a nexus for businesses and partners to incubate and refine their concepts. This dynamic space fosters collaboration, ideation, and the development of products and services for entrepreneurs. Additionally, it offers access to invaluable resources, including mentors, advisors, and investors—critical for amplifying entrepreneurial ideas. This hub

fosters cross-functional teamwork across various domains (Telsaç et al. 2021), driving Innovation and economic growth in the unique city.

# **Smart City Components:**

- Energy and technical utilities: Implementing energy-efficient technologies yields clean, renewable energy sources with real-time data optimization.
- b) Municipal economy: Harnessing sensor data reduces costs and enhances efficiency.
- Water management: Data-driven insights facilitate water management, leak detection, and quality monitoring.
- d) Environmental protection: Technology aids pollution management and climate change mitigation.
- e) Finance and economics: Data-driven city finance optimization involves efficient resource allocation.
- f) Housing stock: Holistic housing management improves affordability and quality.
- g) Health: Sensors and analytics enhance healthcare via remote patient monitoring and improved services.
- h) Transportation: Transportation automation enhances safety and efficiency.
- Education and schooling: Technological integration augments education quality and accessibility through virtual classrooms.
- Telecommunications: Seamless communication and advanced services underpin technologydriven cities.
- Public order, security, and emergency: Data-driven monitoring heightens safety and streamlines emergency services.
- Management, administration, and optimisation: Data-powered technologies optimize infrastructure and services.
- m) Foreign policy and cooperation: International collaboration and data sharing between cities are pivotal for connected, sustainable smart cities.
- Sport and Tourism: Technology enhances visitor experiences, offering real-time information and support.

## General public

An e-municipal Council and an intelligent observation centre serve as versatile conference or training venues, enhancing transparency between authorities and citizens. This digital platform promotes collaboration and active participation in local governance, strengthening the connection between city residents and their government.

## Living Lab Hub

The intelligent observation centre is a dynamic real-time data collection, analysis, and dissemination space. This fosters transparency and encourages collaboration between local authorities and citizens, providing valuable insights into urban dynamics and policy implementations. This state-of-the-art facility is a versatile conference or training venue, fostering open dialogue and information sharing between various stakeholders. Through advanced capabilities, the centre empowers citizens with valuable insights into urban dynamics, decision-making processes, and policy implementations.

Transitioning seamlessly into the Living Lab approach's overarching goals, the Living Lab Hub embodies the principles of collaborative innovation and community engagement. Providing a platform for data-driven discussions and informed decision-making directly contributes to the Living Lab methodology's aspiration of creating sustainable, responsive, and forward-thinking urban environments. The Living Lab Hub exemplifies how integrating advanced technologies and transparent governance can transform cities into adaptive, citizen-centric living spaces.

## CONCLUSIONS

In conclusion, the Living Lab approach is a potent strategy for addressing urban challenges by fostering collaborative innovation among diverse stakeholders within authentic settings. This methodology encourages sustainable innovation, driving social, environmental, and economic development within an environment centred on experimentation and learning. The adaptability of Living Labs remains crucial, enabling them to navigate changing contexts while delivering impactful solutions. Robust governance and stakeholder engagement are essential for consistent funding, and continuous impact measurement and knowledge dissemination deepen our understanding. The concept of Living Labs transforms urban development through holistic problem-solving, yielding positive changes both locally and globally. Ultimately, Living Labs are essential for shaping a sustainable and innovative future for cities. By embracing collaborative community-driven innovation, we can pave the way for transformative changes in urban environments.

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